

address	〒 -				
	Chiba City		Ward		
Certificate of residence as noted					
Furigana Full name					
Date of birth	Year	Month	Day	Gender	M F
phonenum phone number	(Weekdays, daytime contacts such as mobile phones)				

<Please contact the medical institution.>
If you are a medical institution, please attach a consultation ticket sticker here.
←※ Please check if there are any omissions in the address, etc. written by the patient in the thick frame on the left.

Reference number

examination fee

Free for over 70

22 223

Medical institution code

Medical institution name

location

doctor name

* Fill in the name of the Chiba city registered gastric cancer screening doctor
(A seal is required if not signed)

Please circle or fill in the following items.

checkup history

- 1 Have you ever been screened for colorectal cancer?
1 No 2 Yes (year month)
2 Have you ever undergone a colorectal cancer screening?
1 No 2 Yes (year month)

Smoking habit

1. Do you smoke.
1 smoke 2 do not smoke
2. For those who currently smoke, about quitting smoking
1 I want to quit smoking within 1 month
2 I want to quit smoking eventually

Subjective symptoms

- 1 Have you had any of the following subjective symptoms recently?
1 Nothing in particular 2 Blood in the stool
3 Repeated diarrhea and constipation 4 Constipation
5 I have a lump in my stomach 6 I have bloating (pain)
7 I feel nauseous 8 I'm getting thin

Family history

1. Have any of your parents or siblings been diagnosed with colorectal cancer, polyps, or ulcers?
1 None
2 Yes (parents, siblings)

Code

Receipt number

Date of consultation (specimen submission date)

2 0 yr mo day

Stool collection date

1st 20 year month day

1. 2. Defective sample
- +

2nd 20 year month day

1. 2. Defective sample
- +

Examination result

1 No detailed inspection required
(Faecal occult blood negative)2 Close inspection required
(Faecal occult blood positive)

Doctor's comment

*Referral medical institutions, etc. to persons requiring detailed examination

For those who have undergone colorectal cancer screening

Please read the following explanations about the results of colorectal cancer screening.

Please use it for future cancer prevention, early detection and treatment.

★ Let's know the results of cancer screening.

Ask the medical institution where you took the test to explain the results.

If you are taking a group checkup, please check the mailed results.

Which of the following was the "examination result"?

- ☐ No detailed examination required (negative fecal occult blood) → Go to ①
- ☐ Detailed examination required (positive for fecal occult blood) → Go to ②

① Those who do not need a detailed examination (negative fecal occult blood)

"No abnormalities were found in this examination." Regularly receive a colorectal cancer screening. If you feel subjective symptoms, please consult a medical institution as soon as possible.

② Those who require a detailed examination (fecal occult blood positive)

"Bleeding was detected in the stool, so it is necessary to undergo a detailed examination."

→ Go to "How to receive a detailed inspection"

★ How to receive a detailed inspection

- For individual examinations, please use the "Chiba City Colorectal Cancer Precise Test Request Form" and "Health Insurance Card" to have a medical examination.
- If you have a group checkup, please submit the "Chiba City Colon Cancer Test report Form" and "Health Insurance Card" to the doctor.

* As a reference for where to go to see a doctor, please refer to the back of the separate sheet - "Information for Cooperating Detailed Examinations medical institutions."

Colorectal cancer screening does not detect colorectal cancer 100% of the time.

If you have subjective symptoms, please consult a medical institution immediately.

What is colorectal cancer?

Colon cancer is cancer that develops in the large intestine (colon, rectum, anus) that is 2 meters long. in Japanese

It is said that the sigmoid colon and rectum are prone to cancer. Look at the incidence rate by cancer site

, 3rd place for men and 2nd place for women. (Source: National Cancer Center Cancer Information

Service "Cancer Registry/Statistics" (National Cancer Registry))

If colorectal cancer is early, it can be almost 100% cured, but in general, early

There are no subjective symptoms at this stage. Therefore, it is important to detect it when there are no symptoms.

① Symptoms

It depends on which part of the large intestine and how much cancer has developed.

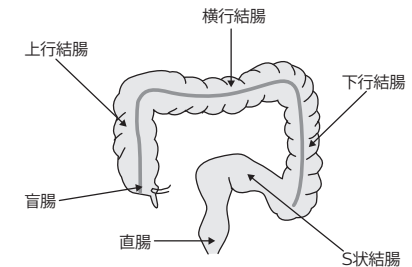
[Main symptoms]

• Hematochezia • Melena • Repeating diarrhea and constipation
• Thin stool • Feeling of remaining stool • I feel bloated
Abdominal pain Anemia Unexplained weight loss, etc.
Bloody stool is the most common. However,
Not all blood positives are cancer. It is difficult to distinguish bleeding from hemorrhoids.
Don't self-diagnose, see a specialist as soon as possible.

(2) Advice for prevention

Consuming red meat (beef, pork, sheep, etc.) and processed meat (bacon, ham, sausage, etc.), drinking alcohol, and smoking are more at risk of developing colon cancer. Pay attention to your diet and exercise moderately

Beware of excessive body fat and abdominal obesity.



Health consultation

The Health Division of the Health and Welfare Center in each ward offers health consultations such as prevention of lifestyle-related diseases, as well as smoking cessation support.

(Individual consultation for those who want to quit smoking). In addition, please note that the Health Division may inform you about health-related lectures, etc.
For information on the Health Division, please see the "Information on cancer screening, etc."

Please note that the examination results may be aggregated and published. However, In the end, only the aggregated figures will be published, and personal information such as names will not be published at all.

[Inquiries regarding examinations]
Health Support Division, Health and Welfare Department,
Health and Welfare Bureau, Chiba City
TEL 043-238-1794 FAX 043-238-9946